

**OMS Association Championship Meet  
Gresham, OR  
April 1-3, 2011**

Central Oregon Masters Aquatics Results  
(short course yards)

**CR = COMA Record**

Women 35-39

|          |                 |                 |
|----------|-----------------|-----------------|
| Amy Ward |                 |                 |
| 50 Free  | 26.33           | 1 <sup>st</sup> |
| 100 Free | 57.79           | 1 <sup>st</sup> |
| 200 Free | 2:05.30         | 1 <sup>st</sup> |
| 50 Back  | 31.30           | 1 <sup>st</sup> |
| 100 Back | 1:08.15         | 1 <sup>st</sup> |
| 50 Fly   | 29.02 <b>CR</b> | 1 <sup>st</sup> |

Janette Wells

|            |         |                 |
|------------|---------|-----------------|
| 100 Back   | 1:18.95 | 4 <sup>th</sup> |
| 200 Back   | 2:50.43 | 4 <sup>th</sup> |
| 50 Breast  | 37.28   | 3 <sup>rd</sup> |
| 100 Breast | 1:22.29 | 3 <sup>rd</sup> |
| 200 Breast | 2:55.90 | 1 <sup>st</sup> |
| 100 IM     | 1:14.54 | 2 <sup>nd</sup> |

Women 40-44

|              |         |                 |
|--------------|---------|-----------------|
| Susan Gorman |         |                 |
| 100 Free     | 1:10.62 | 7 <sup>th</sup> |
| 50 Breast    | 43.64   | 3 <sup>rd</sup> |
| 100 Breast   | 1:33.91 | 4 <sup>th</sup> |
| 100 IM       | 1:26.02 | 4 <sup>th</sup> |
| 200 IM       | 3:08.55 | 2 <sup>nd</sup> |

Women 55-59

|                |          |                 |
|----------------|----------|-----------------|
| Diane Cardwell |          |                 |
| 50 Free        | 42.81    | 4 <sup>th</sup> |
| 100 Free       | 1:36.92  | 5 <sup>th</sup> |
| 500 Free       | 10:03.07 | 6 <sup>th</sup> |
| 50 Back        | 52.53    | 3 <sup>rd</sup> |

Connie Shuman

|           |          |                 |
|-----------|----------|-----------------|
| 200 Free  | 3:33.75  | 3 <sup>rd</sup> |
| 500 Free  | 8:55.20  | 4 <sup>th</sup> |
| 1000 Free | 18:34.41 | 2 <sup>nd</sup> |
| 1650 Free | 30:39.89 | 5 <sup>th</sup> |
| 100 Fly   | 2:12.91  | 2 <sup>nd</sup> |
| 200 IM    | 4:04.80  | 2 <sup>nd</sup> |

Women 60-64

|                |                   |                 |
|----------------|-------------------|-----------------|
| Janet Gettling |                   |                 |
| 50 Fly         | 36.93 <b>CR</b>   | 1 <sup>st</sup> |
| 100 Fly        | 1:25.53 <b>CR</b> | 1 <sup>st</sup> |
| 200 Fly        | 3:14.01 <b>CR</b> | 1 <sup>st</sup> |
| 100 IM         | 1:20.87 <b>CR</b> | 1 <sup>st</sup> |
| 200 IM         | 3:03.62 <b>CR</b> | 1 <sup>st</sup> |
| 400 IM         | 6:29.56 <b>CR</b> | 1 <sup>st</sup> |

|                |                    |  |                 |
|----------------|--------------------|--|-----------------|
| Jeannie Groesz |                    |  |                 |
| 100 Free       | 1:27.89 <b>CR</b>  |  | 2 <sup>nd</sup> |
| 200 Free       | 3:10.50 <b>CR</b>  |  | 1 <sup>st</sup> |
| 500 Free       | 8:29.51            |  | 1 <sup>st</sup> |
| 1000 Free      | 17:30.88 <b>CR</b> |  | 1 <sup>st</sup> |
| 50 Back        | 49.26 <b>CR</b>    |  | 2 <sup>nd</sup> |

Women 65-69

|              |       |  |                 |
|--------------|-------|--|-----------------|
| Peggy Whiter |       |  |                 |
| 50 Free      | 42.77 |  | 4 <sup>th</sup> |

Women 70-74

|                |         |  |                 |
|----------------|---------|--|-----------------|
| Kaleo Schroder |         |  |                 |
| 50 Free        | 51.53   |  | 1 <sup>st</sup> |
| 50 Back        | 58.88   |  | 1 <sup>st</sup> |
| 100 Back       | 2:15.51 |  | 1 <sup>st</sup> |
| 50 Breast      | 1:07.15 |  | 1 <sup>st</sup> |
| 100 Breast     | 2:31.21 |  | 1 <sup>st</sup> |
| 200 Breast     | 5:18.68 |  | 1 <sup>st</sup> |

Men 30-34

|             |       |  |                 |
|-------------|-------|--|-----------------|
| Seth Warren |       |  |                 |
| 50 Breast   | 32.24 |  | 3 <sup>rd</sup> |

Men 35-39

|             |       |  |                 |
|-------------|-------|--|-----------------|
| John Kinder |       |  |                 |
| 50 Breast   | 32.06 |  | 2 <sup>nd</sup> |

Chris Tujo

|            |         |  |                 |
|------------|---------|--|-----------------|
| 100 Fly    | 1:01.43 |  | 1 <sup>st</sup> |
| 200 Breast | 2:39.15 |  | 2 <sup>nd</sup> |
| 200 IM     | 2:20.40 |  | 1 <sup>st</sup> |

Men 40-44

|            |         |  |                 |
|------------|---------|--|-----------------|
| Chris Cole |         |  |                 |
| 50 Breast  | 32.88   |  | 4 <sup>th</sup> |
| 100 Breast | 1:14.14 |  | 4 <sup>th</sup> |
| 200 Breast | 2:44.84 |  | 3 <sup>rd</sup> |
| 50 Fly     | 31.01   |  | 3 <sup>rd</sup> |

Men 45-49

|             |          |  |                 |
|-------------|----------|--|-----------------|
| Kris Calvin |          |  |                 |
| 200 Free    | 2:03.79  |  | 1 <sup>st</sup> |
| 1000 Free   | 11:40.71 |  | 1 <sup>st</sup> |
| 1650 Free   | 20:00.98 |  | 1 <sup>st</sup> |
| 100 Fly     | 1:03.50  |  | 5 <sup>th</sup> |
| 200 IM      | 2:22.69  |  | 3 <sup>rd</sup> |
| 400 IM      | 5:01.46  |  | 1 <sup>st</sup> |

Jim Ivelich

|           |          |  |                 |
|-----------|----------|--|-----------------|
| 50 Free   | 23.65    |  | 2 <sup>nd</sup> |
| 1000 Free | 12:46.30 |  | 3 <sup>rd</sup> |
| 50 Breast | 31.51    |  | 3 <sup>rd</sup> |
| 50 Fly    | 28.67    |  | 3 <sup>rd</sup> |
| 100 IM    | 1:03.42  |  | 1 <sup>st</sup> |
| 200 IM    | 2:25.16  |  | 4 <sup>th</sup> |

Scott Miller  
 100 Back 1:06.76 4<sup>th</sup>  
 100 fly 1:05.28 6<sup>th</sup>  
 100 IM 1:06.53 5<sup>th</sup>  
 200 IM 2:31.54 6<sup>th</sup>

Men 50-54

Jeff Anspach  
 1000 Free 12:25.08 1<sup>st</sup>  
 1650 Free 20:48.58 1<sup>st</sup>  
 100 Fly 1:03.97 3<sup>rd</sup>  
 200 IM 2:29.66 3<sup>rd</sup>  
 400 IM 5:19.90 2<sup>nd</sup>

Mike Douglas

100 Free 1:01.77 5<sup>th</sup>  
 200 Free 2:19.81 4<sup>th</sup>  
 500 Free 6:25.86 6<sup>th</sup>  
 1000 Free 13:36.13 7<sup>th</sup>  
 1650 Free 22:48.84 5<sup>th</sup>

Ron Thompson

100 Free 1:03.80 9<sup>th</sup>  
 1000 Free 12:41.83 3<sup>rd</sup>  
 1650 Free 20:50.51 2<sup>nd</sup>  
 50 Breast 37.83 6<sup>th</sup>

Men 55-59

Walt Carter  
 1000 Free 17:39.73 10<sup>th</sup>  
 100 Breast 1:54.08 7<sup>th</sup>  
 200 Breast 4:01.67 4<sup>th</sup>  
 100 Fly 1:42.39 2<sup>nd</sup>  
 200 Fly 3:35.13 DQ  
 400 IM 7:34.18 2<sup>nd</sup>

Peter Metzger

50 Back 28.64 **CR** 2<sup>nd</sup>  
 100 Back 1:02.46 **CR** 2<sup>nd</sup>  
 200 Back 2:25.92 1<sup>st</sup>  
 100 Breast 1:14.95 1<sup>st</sup>

Tom Shuman

50 Free 33.75 9<sup>th</sup>  
 100 Free 1:20.43 6<sup>th</sup>  
 200 Free 3:30.70 5<sup>th</sup>  
 500 Free 8:01.95 6<sup>th</sup>  
 1000 Free 17:17.08 9<sup>th</sup>  
 50 Back 45.15 8<sup>th</sup>

Men 60-64

Bob Bruce  
 1650 Free 22:15.69 2<sup>nd</sup>  
 50 Back 33.11 **CR** 1<sup>st</sup>  
 100 Back 1:14.10 1<sup>st</sup>  
 200 Back 2:49.99 2<sup>nd</sup>  
 200 Breast 3:06.99 3<sup>rd</sup>

Mike Carew  
 500 Free 6:49.34 3<sup>rd</sup>  
 1000 Free 13:48.42 1<sup>st</sup>  
 1650 Free 23:17.85 2<sup>nd</sup>  
 50 Breast 42.97 8<sup>th</sup>  
 100 Breast ? DQ  
 100 IM 1:28.15 5<sup>th</sup>

Rick Jenkins

50 Free 34.19 9<sup>th</sup>  
 100 Free 1:21.41 7<sup>th</sup>  
 50 Back 46.65 5<sup>th</sup>  
 50 Fly 50.60 4<sup>th</sup>  
 100 IM 1:44.07 6<sup>th</sup>

Mike Warren

50 Free 32.52 8<sup>th</sup>  
 50 Back 41.15 4<sup>th</sup>  
 50 Breast 42.47 7<sup>th</sup>  
 100 Breast 1:36.33 4<sup>th</sup>

Men 65-69

Ralph Mohr  
 200 Free 2:48.68 2<sup>nd</sup>  
 500 Free 7:19.46 1<sup>st</sup>  
 1650 Free 25:38.61 1<sup>st</sup>  
 100 Fly 1:33.21 1<sup>st</sup>  
 100 IM 1:30.01 1<sup>st</sup>  
 200 IM 3:13.39 1<sup>st</sup>

John Spence

100 Free 1:11.61 2<sup>nd</sup>  
 200 Free 2:45.17 1<sup>st</sup>  
 500 Free 7:30.84 2<sup>nd</sup>  
 1000 Free 16:20.37 1<sup>st</sup>  
 1650 Free 27:03.93 2<sup>nd</sup>

Brent Lake

500 Free 8:54.45 2<sup>nd</sup>  
 1000 Free 17:40.07 2<sup>nd</sup>  
 50 Back 44.64 1<sup>st</sup>  
 100 Back 1:44.34 1<sup>st</sup>  
 200 Back 3:41.07 1<sup>st</sup>

Statistics & Highlights:

29 COMA swimmers  
 136 COMA Individual swims  
 15 COMA Individual Records  
 19 Relay Swims  
 1 COMA Relay Record

Team Scores:

1 Oregon Reign Masters 2355 pts  
**2 Central Oregon Masters 1069**  
 3 Tualatin Hills Barracudas 915  
 4 Columbia Gorge Masters 847  
 5 Lacamas Masters 678

# Oregon Association Championships 2011: COMA Relay Results

CR = COMA Record

## Saturday, April 2

### Event #7 Women's 200 Medley Relay:

|            |     |     |                 |         |         |                 |
|------------|-----|-----|-----------------|---------|---------|-----------------|
| <b>35+</b> | "A" | bk  | Wells, Janette  | 38.14   | 2:22.20 | 3 <sup>rd</sup> |
|            |     | br  | Gorman, Susan   | 43.08   |         |                 |
|            |     | fly | Ward, Amy       | 29.72   |         |                 |
|            |     | fs  | Gettling, Janet | 31.26   |         |                 |
| <b>55+</b> | "A" | bk  | Cardwell, Diane | 51.42   | 3:29.50 | 2 <sup>nd</sup> |
|            |     | br  | Schroder, Kaleo | 1:05.40 |         |                 |
|            |     | fly | Shuman, Connie  | 56.40   |         |                 |
|            |     | fs  | Groesz, Jeannie | 37.38   |         |                 |

### Event #8 Men's 200 Medley Relay:

|            |     |     |                |       |         |                 |
|------------|-----|-----|----------------|-------|---------|-----------------|
| <b>25+</b> | "A" | bk  | Miller, Scott  | 30.56 | 1:58.19 | 7 <sup>th</sup> |
|            |     | br  | Cole, Chris    | 33.24 |         |                 |
|            |     | fly | Anspach, Jeff  | 28.89 |         |                 |
|            |     | fs  | Warren, Seth   | 25.50 |         |                 |
| <b>35+</b> | "A" | bk  | Calvin, Kris   | 30.88 | 1:54.99 | 1 <sup>st</sup> |
|            |     | br  | Kinder, John   | 32.53 |         |                 |
|            |     | fly | Tujo, Chris    | 27.93 |         |                 |
|            |     | fs  | Ivelich, Jim   | 23.65 |         |                 |
| <b>45+</b> | "A" | bk  | Shuman, Tom    | 41.27 | 2:26.58 | 4 <sup>th</sup> |
|            |     | br  | Thompson, Ron  | 38.49 |         |                 |
|            |     | fly | Douglas, Mike  | 34.25 |         |                 |
|            |     | fs  | Carew, Mike    | 32.57 |         |                 |
| <b>55+</b> | "A" | bk  | Metzger, Peter | 28.61 | 2:14.19 | 2 <sup>nd</sup> |
|            |     | br  | Bruce, Bob     | 36.58 |         |                 |
|            |     | fly | Mohr, Ralph    | 39.53 |         |                 |
|            |     | fs  | Warren, Mike   | 29.47 |         |                 |
| <b>55+</b> | "B" | bk  | Lake, Brent    | 45.66 | 2:54.39 | 4 <sup>th</sup> |
|            |     | br  | Jenkins, Rick  | 51.62 |         |                 |
|            |     | fly | Carter, Walt   | 43.81 |         |                 |
|            |     | fs  | Spence, John   | 33.30 |         |                 |

### Event #31 Mixed 200 Free Relay:

|            |     |   |                 |       |         |                           |
|------------|-----|---|-----------------|-------|---------|---------------------------|
| <b>35+</b> | "A" | 1 | Ivelich, Jim    | 23.84 | 1:47.61 | 2 <sup>nd</sup>           |
|            |     | 2 | Wells, Janette  | 31.01 |         |                           |
|            |     | 3 | Ward, Amy       | 26.62 |         |                           |
|            |     | 4 | Tujo, Chris     | 26.14 |         |                           |
| <b>55+</b> | "A" | 1 | Metzger, Peter  | 26.90 | 2:01.92 | 1 <sup>st</sup>           |
|            |     | 2 | Groesz, Jeannie | 37.98 |         |                           |
|            |     | 3 | Gettling, Janet | 30.34 |         |                           |
|            |     | 4 | Bruce, Bob      | 26.70 |         |                           |
| <b>65+</b> | "A" | 1 | Spence, John    | 32.33 | 2:42.64 | <b>CR</b> 1 <sup>st</sup> |
|            |     | 2 | Mohr, Ralph     | 34.15 |         |                           |
|            |     | 3 | Whiter, Peggy   | 43.40 |         |                           |
|            |     | 4 | Schroder, Kaleo | 52.76 |         |                           |

## Sunday, April 3

### Event #22 Women's 200 Free Relay:

|         |   |                 |       |    |  |  |
|---------|---|-----------------|-------|----|--|--|
| 35+ "A" | 1 | Gettling, Janet | 31.09 | CR |  |  |
|         | 2 | Wells, Janette  | 31.04 |    |  |  |
|         | 3 | Gorman, Susan   | 30.59 |    |  |  |
|         | 4 | Ward, Amy       | 26.43 |    |  |  |
| 55+ "A" | 1 | Groesz, Jeannie | ?     |    |  |  |
|         | 2 | Shuman, Connie  | ?     |    |  |  |
|         | 3 | Cardwell, Diane | 44.45 |    |  |  |
|         | 4 | Whiter, Peggy   | 40.29 |    |  |  |

### Event #23 Men's 200 Free Relay:

|         |   |                |       |  |  |  |
|---------|---|----------------|-------|--|--|--|
| 45+ "A" | 1 | Ivelich, Jim   | 23.96 |  |  |  |
|         | 2 | Calvin, Kris   | 25.41 |  |  |  |
|         | 3 | Miller, Scott  | 25.21 |  |  |  |
|         | 4 | Douglas, Mike  | 27.59 |  |  |  |
| 55+ "A" | 1 | Metzger, Peter | 26.70 |  |  |  |
|         | 2 | Bruce, Bob     | 26.75 |  |  |  |
|         | 3 | Spence, John   | 31.68 |  |  |  |
|         | 4 | Warren, Mike   | 31.22 |  |  |  |
| 55+ "B" | 1 | Carter, Walt   | 39.75 |  |  |  |
|         | 2 | Jenkins, Rick  | 33.38 |  |  |  |
|         | 3 | Mohr, Ralph    | 34.92 |  |  |  |
|         | 4 | Carew, Mike    | 32.86 |  |  |  |

### Event #32 Mixed 200 Medley Relay:

|         |     |                 |         |  |  |  |
|---------|-----|-----------------|---------|--|--|--|
| 35+ "A" | bk  | Wells, Janette  | 36.89   |  |  |  |
|         | br  | Cole, Chris     | 32.45   |  |  |  |
|         | fly | Miller, Scott   | 28.55   |  |  |  |
|         | fs  | Ward, Amy       | 26.13   |  |  |  |
| 45+ "A" | bk  | Metzger, Peter  | 28.95   |  |  |  |
|         | br  | Ivelich, Jim    | 31.32   |  |  |  |
|         | fly | Gettling, Janet | 36.35   |  |  |  |
|         | fs  | Groesz, Jeannie | 38.79   |  |  |  |
| 55+ "A" | bk  | Cardwell, Diane | 51.83   |  |  |  |
|         | br  | Carew, Mike     | 44.05   |  |  |  |
|         | fly | Carter, Walt    | 44.74   |  |  |  |
|         | fs  | Shuman, Connie  | 44.48   |  |  |  |
| 65+ "A" | bk  | Spence, John    | 43.52   |  |  |  |
|         | br  | Schroder, Kaleo | 1:08.02 |  |  |  |
|         | fly | Mohr, Ralph     | 38.16   |  |  |  |
|         | fs  | Whiter, Peggy   | 42.62   |  |  |  |