

COMA Individual Records (Long Course Meters) -- as of 9/15/2023

WOMEN 18-24			MEN 18-24		
30.98	Aurora Gearhart	8/20/16	50 M. Free		
1:07.42	Aurora Gearhart	8/21/16	100 M. Free		
2:36.49	Jessica Burley	5/7/06	200 M. Free		
5:22.37	Jessica Burley	5/7/06	400 M. Free		
			800 M. Free		
			1500 M. Free		
35.22	Aurora Gearhart	8/18/16	50 M. Back		
1:16.15	Aurora Gearhart	8/21/16	100 M. Back		
			200 M. Back		
47.87	Denise deLeone	8/15/08	50 M. Breast		
1:49.59	Jenny Olsen	4/5/08	100 M. Breast		
3:48.28	Jenny Olsen	4/5/08	200 M. Breast		
37.51	Denise deLeone	4/6/08	50 M. Fly		
1:19.70	Jessica Burley	5/7/06	100 M. Fly		
			200 M. Fly		
3:25.13	Denise deLeone	2/24/08	200 M. I. M.		
			400 M. I. M.		
48:23.99	Celeste Morton	8/30/09	3000 M. Free		
1:20:37.99	Celeste Morton	8/30/09	5000 M. Free		
			10,000 M. Free		
3715 m	Celeste Morton	8/30/09	1 hr M. Free		
			400 M. Pentathlon		
			600 M. Pentathlon		
			1200 M. Pentathlon		
			2100 M. Brute		
WOMEN 25-29			MEN 25-29		
30.45	Candace Christensen	95	50 M. Free	24.49	Mike Burton 8/15/08
1:05.85	Candace Christensen	95	100 M. Free		
2:27.04	Sara Quan	01	200 M. Free		
4:46.98	Sara Quan	01	400 M. Free		
9:54.51	Sara Quan	01	800 M. Free		
18:29.45	Sara Quan	01	1500 M. Free		
34.71	Tori Eisenbeis	01	50 M. Back	29.24	Nic Morrell 5/14/22
1:17.17	Tori Eisenbeis	01	100 M. Back	1:05.42	Nic Morrell 5/14/22
2:45.78	Tori Eisenbeis	01	200 M. Back	2:24.66	Nic Morrell 5/14/22
39.35	Sara Quan	01	50 M. Breast	30.20	Mike Burton 8/15/08
1:31.70	Cathy Imwalle	78	100 M. Breast		
3:06.05	Sara Quan	01	200 M. Breast		
36.06	Sara Quan	01	50 M. Fly		
1:16.48	Sara Quan	01	100 M. Fly		
			200 M. Fly		
2:49.05	Candace Christensen	95	200 M. I. M.		
5:28.42	Sara Quan	01	400 M. I. M.		
39:47.30	Sara Quan	8/31/01	3000 M. Free		
1:06:16.42	Sara Quan	8/31/01	5000 M. Free		
2:14:58.59	Sara Quan	8/31/01	10,000 M. Free		
4520 m	Sara Quan	8/31/01	1 hr M. Free		
			400 M. Pentathlon		
			600 M. Pentathlon		
			1200 M. Pentathlon		
			2100 M. Brute		
WOMEN 30-34			MEN 30-34		
31.39	Tamara Houston	5/7/06	50 M. Free	26.15	Wil Fitzpatrick 8/7/06
1:07.64	Joanie Krehbiel	92	100 M. Free	59.30	Wil Fitzpatrick 8/5/06
2:28.91	Tamara Houston	5/7/06	200 M. Free	2:15.89	Kevin Sivertson 8/6/06
5:09.79	Amy Halligan	00	400 M. Free	4:56.59	Michael Riccatelli 5/7/06
10:25.20	Amy Halligan	00	800 M. Free	10:34.86	Scot Elliott 8/4/06
19:51.94	Amy Halligan	00	1500 M. Free		
45.57	Andie Pape	5/7/06	50 M. Back	30.18	Nic Morrell 6/10/23
1:19.34	Tamara Houston	5/7/06	100 M. Back	1:06.32	Wil Fitzpatrick 8/9/06
			200 M. Back	2:32.56	Wil Fitzpatrick 8/5/06
39.85	Cathy Imwalle	82	50 M. Breast	35.17	Joe Daniels 8/7/06
1:26.39	Cathy Imwalle	82	100 M. Breast	1:18.31	Scot Elliott 8/6/06
3:06.96	Cathy Imwalle	82	200 M. Breast		
33.53	Joanie Krehbiel	92	50 M. Fly	28.26	Kevin Sivertson 8/7/06
1:20.13	Joanie Krehbiel	92	100 M. Fly	1:05.15	Kevin Sivertson 8/6/06
			200 M. Fly		
3:03.58	Tara Godlove	7/9/06	200 M. I. M.	2:30.20	Nic Morrell 6/10/23
6:03.09	Amy Halligan	00	400 M. I. M.		
40:03.31	Sara Quan	8/31/03	3000 M. Free	42:29.99	Michael Riccatelli 9/15/06
1:06:20.56	Sara Quan	8/31/03	5000 M. Free	1:12:01.99	Michael Riccatelli 9/15/06
			10,000 M. Free	2:25:44.99	Michael Riccatelli 9/15/06
4515 m	Sara Quan	8/31/03	1 hr M. Free	4090 m	Michael Riccatelli 9/15/06
			400 M. Pentathlon	4:32.85	Nic Morrell 6/10/23
11:16.74	Leah Guliasi	6/10/23	600 M. Pentathlon		
			1200 M. Pentathlon		
			2100 M. Brute		

COMA Individual Records (Long Course Meters) -- as of 9/15/2023

WOMEN 35-39

27.91	Kristine Senkier	8/16/08
1:05.30	Kristine Senkier	8/15/08
2:14.04	Kristine Senkier	8/15/08
4:45.50	Kristine Senkier	8/17/08
9:57.74	Sara Nelson	8/14/08
18:41.21	Sara Nelson	8/14/08
32.85	Kristine Senkier	8/16/08
1:09.99	Kristine Senkier	8/17/08
2:31.06	Kristine Senkier	8/15/08
36.71	Jayna Tomac	8/15/08
1:21.63	Jayna Tomac	8/16/08
2:53.71	Sara Nelson	8/17/08
31.67	Amy Ward	7/10/11
1:12.77	Stacey Kiefer	8/18/16
3:01.43	Sara Nelson	7/7/07
2:45.99	Jayna Tomac	8/16/08
5:29.12	Sara Nelson	8/15/08
46:09.99	Jayna Tomac	9/15/99
1:16:53.63	Jayna Tomac	9/15/11
3645 m	Maxine Braune	1/25/09

MEN 35-39

50 M. Free	26.31	Wil Fitzpatrick	8/17/08
100 M. Free	1:04.39	Wil Fitzpatrick	8/16/08
200 M. Free	2:39.44	Scot Elliott	6/6/09
400 M. Free	5:30.47	Scot Elliott	6/6/09
800 M. Free	11:14.99	Scot Elliott	6/6/09
1500 M. Free			
50 M. Back	31.01	Wil Fitzpatrick	8/17/08
100 M. Back	1:06.91	Wil Fitzpatrick	8/17/08
200 M. Back	2:58.30	Rob Higley	01
50 M. Breast	35.07	Joe Daniels	6/6/09
100 M. Breast	1:18.56	Jacob Swinn	8/25/19
200 M. Breast	3:02.37	Jacob Swinn	6/15/19
50 M. Fly	29.27	Jacob Swinn	8/25/19
100 M. Fly	1:04.51	Jacob Swinn	8/25/19
200 M. Fly	2:53.76	Chris Tujo	6/6/09
200 M. I. M.	2:48.19	Chris Tujo	7/9/06
400 M. I. M.	6:05.57	Chris Tujo	6/6/09
3000 M. Free	41:32.37	Rob Higley	9/15/03
5000 M. Free	1:09:58.21	Rob Higley	9/15/03
10,000 M. Free	2:24:55.15	Rob Higley	9/15/03
1 hr M. Free	4295 m	Rob Higley	01
400 M. Pentathlon	5:21.70	Brian Hemphill	5/12/12
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

WOMEN 40-44

30.41	Jayna Tomac	6/29/14
1:08.51	Barb Harris	00
2:22.82	Sara Nelson	8/18/16
5:03.91	Jayna Tomac	6/15/14
10:15.66	Jayna Tomac	8/3/14
19:42.54	Steph Schultz	6/29.14
36.14	Barb Harris	02
1:19.96	Barb Harris	01
3:54.94	Stephanie Householder	6/10/23
35.92	Jayna Tomac	8/6/14
1:19.62	Jayna Tomac	8/4/14
2:54.65	Jayna Tomac	8/8/14
32.61	Barb Harris	00
1:18.88	Steph Schultz	8/15/08
3:03.82	Steph Schultz	8/17/08
2:39.46	Jayna Tomac	8/6/14
5:55.93	Sara Nelson	4/8/16
43:48.99	Jayna Tomac	5/24/15
1:11:20.13	Jayna Tomac	5/24/15
2:27:46.39	Jayna Tomac	9/15/14
4120m	Jayna Tomac	9/15/14
8:39.36	Stacey Kiefer	5/19/18

MEN 40-44

50 M. Free	26.84	George Hegarty	8/20/16
100 M. Free	59.56	Hardy Lussier	8/5/06
200 M. Free	2:04.11	Hardy Lussier	8/6/06
400 M. Free	4:38.82	Tim Nelson	7/9/06
800 M. Free	9:32.07	Tim Nelson	8/4/06
1500 M. Free	20:39.68	Rob Higley	4/4/08
50 M. Back	40.85	Tim Lunny	5/7/06
100 M. Back	1:15.73	John Gessner	5/7/06
200 M. Back	2:40.81	Tim Nelson	8/5/06
50 M. Breast	33.67	Stephen Williams	8/7/06
100 M. Breast	1:16.10	Stephen Williams	8/6/06
200 M. Breast	3:04.23	Chris Cole	4/5/08
50 M. Fly	28.47	Jacob Swinn	4/15/22
100 M. Fly	1:03.41	Jacob Swinn	4/15/22
200 M. Fly	2:43.48	John Gessner	4/6/08
200 M. I. M.	2:25.01	Hardy Lussier	8/7/06
400 M. I. M.	5:32.77	John Gessner	4/4/08
3000 M. Free	42:07.99	Hardy Lussier	8/30/09
5000 M. Free	1:09:05.99	Hardy Lussier	8/30/09
10,000 M. Free	2:35:03.99	Rob Higley	8/30/09
1 hr M. Free	4320 m	Hardy Lussier	8/30/09
400 M. Pentathlon			
600 M. Pentathlon			
1200 M. Pentathlon	18:03.46	Chris Tujo	5/12/12
2100 M. Brute			

WOMEN 45-49

31.02	Kelly Giebelhaus	6/10/23
1:05.47	Denise Stuntzner-Gibs	8/16/08
2:25.92	Denise Stuntzner-Gibs	8/15/08
5:09.22	Mary Sweal	8/10/06
10:21.66	Sara Nelson	5/5/2017
20:37.49	Karen Matson	8/14/08
36.42	Gillian Salton	8/18/16
1:19.36	Gillian Salton	4/10/16
2:55.90	Gillian Salton	8/21/16
38.17	Jayna Tomac	8/20/17
1:22.45	Jayna Tomac	7/1/17
3:01.53	Jayna Tomac	8/19/17
31.29	Denise Stuntzner-Gibs	8/16/08
1:10.12	Denise Stuntzner-Gibs	8/15/08
2:44.88	Denise Stuntzner-Gibs	5/18/08
2:44.18	Jayna Tomac	8/17/17
6:41.08	Gillian Salton	4/8/16
43:03.81	Mary Sweal	9/15/03
1:11:22.56	Mary Sweal	9/15/05
2:29:35.39	Mary Sweal	9/15/06
4155 m	Mary Sweal	9/15/03
7:03.66	Karen Waterston	5/14/16

MEN 45-49

50 M. Free	26.27	Mike Tennant	8/25/02
100 M. Free	1:00.23	Mike Tennant	8/25/02
200 M. Free	2:11.26	Doug Asbury	8/15/08
400 M. Free	4:35.61	Doug Asbury	8/16/08
800 M. Free	9:29.43	Doug Asbury	8/14/08
1500 M. Free	19:28.99	Hardy Lussier	5/28/12
50 M. Back			
100 M. Back	1:20.66	Kris Calvin	3/16/08
200 M. Back	2:32.48	Darren Kling	4/10/16
50 M. Breast	35.54	Jim Ivelich	8/15/08
100 M. Breast	1:21.57	Jim Ivelich	8/16/08
200 M. Breast			
50 M. Fly	31.51	Chris Tujo	4/10/16
100 M. Fly	1:11.49	Chris Tujo	4/9/16
200 M. Fly	2:54.30	Chris Tujo	4/10/16
200 M. I. M.	2:44.92	Chris Tujo	4/9/16
400 M. I. M.	5:47.58	Kris Calvin	3/16/08
3000 M. Free	37:45.37	Hardy Lussier	6/11/15
5000 M. Free	1:02:38.99	Hardy Lussier	6/11/15
10,000 M. Free	2:10:29.48	Hardy Lussier	5/28/12
1 hr M. Free	4620 m	Hardy Lussier	5/28/12
400 M. Pentathlon			
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

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WOMEN 50-54

30.55	Beth Martell	7/30/22
1:06.47	Denise Stuntzner	8/4/14
2:27.09	Beth Martell	8/5/23
5:26.99	Kris Denney	5/12/12
11:00.26	Kris Denney	5/12/12
24:39.04	Mary Phillips	1/25/09
36.05	Beth Martell	7/30/22
1:16.94	Beth Martell	7/31/22
2:46.25	Beth Martell	8/5/23
42.76	Beth Martell	7/31/22
1:38.34	Teri Hendryx	8/6/06
3:34.86	Teri Hendryx	8/9/06
32.56	Denise Stuntzner	8/5/14
1:12.75	Denise Stuntzner	8/6/14
2:55.96	Denise Stuntzner	8/8/14
2:47.23	Beth Martell	7/31/22
6:24.89	Denise Stuntzner	6/15/14
45:11.37	Karen Matson	7/19/15
1:11:25.44	Beth Martell	9/15/22
2:42:02.41	Karen Matson	8/30/15
3920m	Karen Matson	8/30/15

MEN 50-54

50 M. Free	26.06	Mike Tennant	7/13/03
100 M. Free	58.35	Mike Tennant	8/10/03
200 M. Free	2:09.17	Hardy Lussier	8/27/17
400 M. Free	4:57.51	Mike Tennant	8/10/03
800 M. Free	10:55.29	Mike Tennant	7/9/06
1500 M. Free	21:09.38	Christian Tujo	10/7/21
50 M. Back	33.70	Steve Mann	6/3/06
100 M. Back	1:14.98	Mike Power	7/31/22
200 M. Back	2:44.50	Mike Power	7/30/22
50 M. Breast	37.31	Gary Oliver	8/15/08
100 M. Breast	1:20.57	Gary Oliver	8/16/08
200 M. Breast	3:00.25	Gary Oliver	8/17/08
50 M. Fly	29.24	Gabe Duus	8/5/23
100 M. Fly	1:13.50	Gabe Duus	8/5/23
200 M. Fly	3:01.58	Christian Tujo	10/9/21
200 M. I. M.	2:39.73	Gary Oliver	8/16/08
400 M. I. M.	5:57.09	Kris Calvin	2/28/16
3000 M. Free	38:20.99	Hardy Lussier	8/22/15
5000 M. Free	1:03:52.81	Hardy Lussier	8/22/15
10,000 M. Free	2:16:10.28	Hardy Lussier	8/29/15
1 hr M. Free	4575m	Hardy Lussier	8/29/15
400 M. Pentathlon			
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

WOMEN 55-59

31.29	Valerie Jenkins	8/6/22
1:08.35	Valerie Jenkins	8/7/22
2:29.70	Valerie Jenkins	8/6/22
5:24.25	Kris Denney	8/19/16
10:55.65	Kris Denney	8/19/16
25:59.97	Pam Himstreet	99
34.70	Valerie Jenkins	8/6/22
1:18.08	Valerie Jenkins	8/4/22
3:11.99	Teri Hendryx	8/15/08
42.19	Cathy Imwalle	8/7/06
1:31.32	Cathy Imwalle	8/6/06
3:19.68	Cathy Imwalle	8/9/06
33.63	Valerie Jenkins	8/4/22
1:28.43	Betsy Hanson	6/15/19
3:20.24	Betsy Hanson	6/15/19
2:57.39	Deidra Cherzan	7/10/11
6:31.98	Cathy Imwalle	8/6/06
53:36.99	Madeleine Holmberg	1/25/09
1:14:12.07	Valerie Jenkins	9/15/22
3:34:15.50	Pam Himstreet	9/15/01
3355 m	Madeleine Holmberg	1/25/09
11:20.78	Susan Quesada	5/19/18

MEN 55-59

50 M. Free	25.31	Mike Tennant	8/16/08
100 M. Free	58.18	Mike Tennant	8/16/08
200 M. Free	2:18.13	Mike Tennant	8/15/08
400 M. Free	5:10.19	Bob Bruce	8/10/06
800 M. Free	10:45.36	Bob Bruce	8/4/06
1500 M. Free	20:41.82	Bob Bruce	7/9/06
50 M. Back	32.93	Steve Mann	4/24/08
100 M. Back	1:19.67	Steve Mann	4/5/08
200 M. Back	2:53.46	Bob Bruce	6/28/03
50 M. Breast	38.77	Steve Mann	4/21/08
100 M. Breast	1:24.86	Steve Mann	4/21/08
200 M. Breast	3:20.69	Bob Bruce	6/28/03
50 M. Fly	30.45	Mike Tennant	4/6/08
100 M. Fly	1:13.26	Mike Tennant	6/6/09
200 M. Fly	2:57.56	Mike Tennant	6/6/09
200 M. I. M.	2:38.58	Mike Tennant	6/6/09
400 M. I. M.	5:59.24	Mike Tennant	4/4/08
3000 M. Free	43:32.40	Bob Bruce	9/15/03
5000 M. Free	1:06:09.23	Hardy Lussier	9/15/23
10,000 M. Free	2:14:30.34	Hardy Lussier	9/15/23
1 hr M. Free	4125 m	Bob Bruce	9/15/03
400 M. Pentathlon	5:17.93	Peter Metzger	5/12/12
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

WOMEN 60-64

32.36	Arlene Delmage	7/30/22
1:12.04	Arlene Delmage	7/31/22
2:36.61	Arlene Delmage	7/31/22
5:32.91	Arlene Delmage	7/30/22
11:41.16	Pam Himstreet	6/15/19
27:51.18	Pam Himstreet	8/13/03
45.25	Ann Goodman	5/14/22
1:40.72	Ann Goodman	5/14/22
4:32.56	Peggy Whiter	7/9/06
44.17	Arlene Delmage	7/31/22
1:37.57	Arlene Delmage	7/30/22
3:30.21	Arlene Delmage	8/14/22
33.67	Arlene Delmage	6/12/22
1:17.02	Arlene Delmage	6/11/22
2:53.20	Arlene Delmage	6/12/22
3:01.52	Arlene Delmage	6/11/22
6:21.29	Arlene Delmage	8/14/22
1:09:34.00	Peggie Hodge	9/15/01
1:17:41.71	Arlene Delmage	9/15/22
2:46:59.09	Arlene Delmage	9/15/22
2620 m	Peggie Hodge	9/15/01
6:33.79	Janet Gettling	5/12/12
10:12.65	Joanie Krehbiel	5/14/22

MEN 60-64

50 M. Free	27.38	Mike Tennant	8/24/13
100 M. Free	1:01.24	Mike Tennant	8/24/13
200 M. Free	2:17.43	Tom Landis	02
400 M. Free	5:04.16	Tom Landis	02
800 M. Free	10:29.35	Tom Landis	02
1500 M. Free	20:41.02	Tom Landis	7/14/02
50 M. Back	34.09	Peter Metzger	4/9/16
100 M. Back	1:17.64	Peter Metzger	4/10/16
200 M. Back	2:57.50	Bob Bruce	4/19/08
50 M. Breast	33.51	Gary Patterson	8/9/19
100 M. Breast	1:16.75	Gary Patterson	8/10/19
200 M. Breast	3:10.24	Rick Howell	6/11/22
50 M. Fly	31.06	Mike Tennant	8/25/13
100 M. Fly	1:11.93	Mike Tennant	8/25/13
200 M. Fly	3:08.26	Tom Landis	6/3/03
200 M. I. M.	2:50.53	Steve Mann	5/12/12
400 M. I. M.	6:13.67	Tom Landis	7/13/03
3000 M. Free	44:58.99	Tom Landis	9/15/03
5000 M. Free	1:14:51.62	Tom Landis	9/15/02
10,000 M. Free	2:38:25.10	Bob Bruce	6/8/08
1 hr M. Free	3860 m	Bob Bruce	6/8/08
400 M. Pentathlon			
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

COMA Individual Records (Long Course Meters) -- as of 9/15/2023

WOMEN 65-69

35.12	Janet Gettling	8/27/17
1:21.47	Janet Gettling	8/24/13
3:02.75	Janet Gettling	6/27/14
6:30.39	Janet Gettling	8/24/14
15:57.46	Jeannie Groesz	4/8/16
26:24.17	Janet Gettling	6/15/13
45.70	Janet Gettling	6/29/14
2:11.22	Kaleo Schroder	7/28/06
4:46.22	Peggy Whiter	4/6/08
44.50	Janet Gettling	8/6/17
1:41.57	Janet Gettling	8/23/14
3:47.70	Janet Gettling	8/15/15
40.71	Janet Gettling	8/5/17
1:40.77	Janet Gettling	6/6/15
3:45.13	Janet Gettling	7/11/14
3:31.10	Janet Gettling	6/15/13
7:32.96	Janet Gettling	7/14/13

MEN 65-69

50 M. Free	29.00	Tom Landis	8/17/08
100 M. Free	1:02.62	Tom Landis	8/16/08
200 M. Free	2:18.53	Tom Landis	8/15/08
400 M. Free	5:00.26	Tom Landis	3/10/07
800 M. Free	10:25.94	Tom Landis	6/10/07
1500 M. Free	20:00.97	Tom Landis	4/4/08
50 M. Back	39.38	Brent Lake	6/10/04
100 M. Back	1:27.93	Brent Lake	05
200 M. Back	3:08.93	Brent Lake	8/10/03
50 M. Breast	46.71	George Thayer	7/13/03
100 M. Breast	1:38.31	Mike Dirksen	8/20/16
200 M. Breast	3:26.48	Mike Dirksen	8/20/16
50 M. Fly	34.67	Mike Dirksen	8/20/16
100 M. Fly	1:18.11	Tom Landis	7/7/07
200 M. Fly			
200 M. I. M.	2:48.63	Tom Landis	6/10/07
400 M. I. M.	6:03.31	Tom Landis	6/10/07
3000 M. Free	44:55.99	Tom Landis	6/8/08
5000 M. Free	1:14:28.99	Tom Landis	6/8/08
10,000 M. Free	2:47:47.15	Bob Bruce	5/26/13
1 hr M. Free	4010 m	Tom Landis	6/8/08
400 M. Pentathlon			
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

WOMEN 70-74

35.60	Janet Gettling	8/8/19
1:25.34	Janet Gettling	8/25/19
3:20.88	Janet Gettling	6/12/22
6:54.84	Janet Gettling	6/15/19
14:09.07	Janet Gettling	7/6/19
34:43.65	Peggy Whiter	8/7/13
46.30	Janet Gettling	8/25/19
1:44.92	Janet Gettling	7/6/19
5:11.94	Kaleo Schroder	8/12/10
46.52	Janet Gettling	8/9/19
1:46.08	Janet Gettling	8/10/19
4:00.50	Janet Gettling	8/25/19
41.47	Janet Gettling	8/11/19
1:47.60	Janet Gettling	8/10/19
4:00.76	Janet Gettling	8/9/19
3:41.55	Janet Gettling	7/6/19
7:51.64	Janet Gettling	8/23/19

MEN 70-74

50 M. Free	30.36	Tom Landis	7/6/12
100 M. Free	1:07.17	Tom Landis	7/7/12
200 M. Free	2:28.42	Tom Landis	7/8/12
400 M. Free	5:21.27	Tom Landis	7/8/12
800 M. Free	11:19.74	Dan Kirkland	5/14/22
1500 M. Free	21:12.56	Tom Landis	7/5/12
50 M. Back	41.60	George Thayer	8/17/08
100 M. Back	1:31.24	George Thayer	8/9/06
200 M. Back	2:58.17	Dan Kirkland	5/14/22
50 M. Breast	40.43	Mike Tennant	6/10/23
100 M. Breast			
200 M. Breast	4:37.24	John Foges	4/9/16
50 M. Fly	33.14	Tom Landis	5/12/12
100 M. Fly	1:25.80	Tom Landis	5/12/12
200 M. Fly			
200 M. I. M.	2:56.72	Tom Landis	5/12/12
400 M. I. M.	6:24.76	Tom Landis	7/6/12
3000 M. Free	45:00.61	Tom Landis	5/28/12
5000 M. Free	1:15:05.36	Tom Landis	5/28/12
10,000 M. Free	2:46:09.71	Bob Bruce	5/26/18
1 hr M. Free	3995 m	Tom Landis	5/28/12
400 M. Pentathlon			
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

WOMEN 75-79

38.02	Janet Gettling	7/22/23
1:28.97	Janet Gettling	5/27/23
3:27.41	Janet Gettling	8/5/23
7:04.55	Janet Gettling	6/10/23
14:51.34	Janet Gettling	7/1/23
48.21	Janet Gettling	6/10/23
2:46.70	Kaleo Schroder	8/24/14
6:05.10	Bev L'Esperance	8/15/08
48.77	Janet Gettling	7/1/23
1:54.96	Janet Gettling	5/28/23
4:13.12	Janet Gettling	8/5/23
45.62	Janet Gettling	5/27/23
1:53.27	Janet Gettling	6/10/23
4:08.00	Janet Gettling	5/27/23
3:51.71	Janet Gettling	7/1/23
8:21.31	Janet Gettling	7/21/23

MEN 75-79

50 M. Free	32.58	Bob Bruce	6/10/23
100 M. Free	1:11.23	Dan Kirkland	8/12/23
200 M. Free	2:32.63	Dan Kirkland	8/12/23
400 M. Free	5:22.62	Dan Kirkland	8/12/23
800 M. Free	11:01.70	Dan Kirkland	8/13/23
1500 M. Free	21:02.80	Dan Kirkland	8/12/23
50 M. Back	40.22	Dan Kirkland	8/5/23
100 M. Back	1:22.42	Dan Kirkland	8/12/23
200 M. Back	2:56.39	Dan Kirkland	7/22/23
50 M. Breast	46.34	Bob Bruce	6/10/23
100 M. Breast	1:43.15	Bob Bruce	8/5/23
200 M. Breast	3:48.79	Bob Bruce	7/22/23
50 M. Fly	39.66	Bob Bruce	6/10/23
100 M. Fly	1:47.99	Bob Bruce	8/5/23
200 M. Fly			
200 M. I. M.	3:17.97	Bob Bruce	6/10/23
400 M. I. M.	7:20.24	Bob Bruce	8/5/23
3000 M. Free	44:35.86	Dan Kirkland	7/28/23
5000 M. Free	1:15:33.07	Dan Kirkland	7/28/23
10,000 M. Free	2:37:46.08	Dan Kirkland	8/19/23
1 hr M. Free	4005m	Dan Kirkland	7/28/23
400 M. Pentathlon	5:57.22	Bob Bruce	6/10/23
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

COMA Individual Records (Long Course Meters) -- as of 9/15/2023

WOMEN 80-84			MEN 80-84			
1:04.84	Kaleo Schroder	8/20/16	50 M. Free	41.66	George Thayer	8/20/16
2:25.83	Kaleo Schroder	8/21/66	100 M. Free	1:46.57	Ralph Mohr	5/14/22
6:02.18	Bev L'Esperance	8/25/12	200 M. Free	3:43.23	Ralph Mohr	5/14/22
			400 M. Free	7:59.23	Ralph Mohr	5/14/22
			800 M. Free	15:56.90	Ralph Mohr	5/14/23
			1500 M. Free			
1:22.85	Kaleo Schroder	5/19/18	50 M. Back	48.45	George Thayer	4/9/16
2:49.80	Kaleo Schroder	8/21/16	100 M. Back	1:54.29	George Thayer	4/10/16
6:39.02	Bev L'Esperance	5/12/12	200 M. Back	4:15.52	George Thayer	8/20/16
1:42.77	Kaleo Schroder	5/14/16	50 M. Breast	55.07	George Thayer	8/21/16
4:02.95	Kaleo Schroder	5/14/16	100 M. Breast	2:22.90	George Thayer	4/9/16
			200 M. Breast	5:28.46	George Thayer	4/9/16
			50 M. Fly			
			100 M. Fly			
			200 M. Fly			
			200 M. I. M.			
			400 M. I. M.			
			3000 M. Free			
			5000 M. Free	1:44:15.98	Ralph Morh	
			10,000 M. Free			
			1 hr M. Free			
			400 M. Pentathlon			
			600 M. Pentathlon			
			1200 M. Pentathlon			
			2100 M. Brute			
WOMEN 85-89			MEN 85-89			
1:16.96	Ada Hebert	8/19/01	50 M. Free			
2:39.13	Ada Hebert	8/19/01	100 M. Free			
			200 M. Free			
			400 M. Free			
			800 M. Free			
			1500 M. Free			
1:32.81	Ada Hebert	01	50 M. Back			
3:28.13	Ada Hebert	01	100 M. Back			
			200 M. Back			
			50 M. Breast			
			100 M. Breast			
			200 M. Breast			
			50 M. Fly			
			100 M. Fly			
			200 M. Fly			
			200 M. I. M.			
			400 M. I. M.			
			3000 M. Free			
			5000 M. Free			
			10,000 M. Free			
			1 hr M. Free			
			400 M. Pentathlon			
			600 M. Pentathlon			
			1200 M. Pentathlon			
			2100 M. Brute			
WOMEN 90-94			MEN 90-94			
			50 M. Free			
			100 M. Free			
			200 M. Free			
			400 M. Free			
			800 M. Free			
			1500 M. Free			
			50 M. Back			
			100 M. Back			
			200 M. Back			
			50 M. Breast			
			100 M. Breast			
			200 M. Breast			
			50 M. Fly			
			100 M. Fly			
			200 M. Fly			
			200 M. I. M.			
			400 M. I. M.			
			3000 M. Free			
			5000 M. Free			
			10,000 M. Free			
			1 hr M. Free			
			400 M. Pentathlon			
			600 M. Pentathlon			
			1200 M. Pentathlon			
			2100 M. Brute			

COMA Individual Records (Long Course Meters) -- as of 9/15/2023

WOMEN 95-99

MEN 95-99

50 M. Free
100 M. Free
200 M. Free
400 M. Free
800 M. Free
1500 M. Free
50 M. Back
100 M. Back
200 M. Back
50 M. Breast
100 M. Breast
200 M. Breast
50 M. Fly
100 M. Fly
200 M. Fly
200 M. I. M.
400 M. I. M.
3000 M. Free
5000 M. Free
10,000 M. Free
1 hr M. Free
400 M. Pentathlon
600 M. Pentathlon
1200 M. Pentathlon
2100 M. Brute

COMA Relay Records (Long Course Meters) -- as of 9/15/2023

200 Meter FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
2:33.36 Lindsey Husk Christa Evanofi Jenny Olsen Denise deLeone 4/6/08			2:09.09 Jayna Tomac Steph Schultz Janette Wells Denise Stuntzner- 4/6/08	2:36.94 Mary Phillips Cynthia Larkin Teri Hendryx Diane Cardwel 4/6/08	3:16.06 Kathy DeGree Kaleo Schroder Peggy Whiter Lee Husk 4/6/08	

400 Meter FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>

800 Meter FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>

200 Meter MEDLEY RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
2:57.44 Denise DeLeone Christa Evanofi Jenny Olsen Lindsey Husk 4/5/08			2:24.86 Janette Wells Jayna Tomac Denise Stuntzner- Steph Schultz 4/5/08	2:34.03 Barb Harris Teri Hendryx Deidra Cherzar Mary Phillips 4/5/08	3:48.33 Kaleo Schroder Peggy Whiter Kathy DeGree Diane Cardwel 4/5/08	

400 Meter MEDLEY RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>

COMA Relay Records (Long Course Meters) -- as of 9/15/2023

200 Meter FREE RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		1:46.37	2:08.33	1:55.01	2:01.60	2:27.61
		Jim Ivelich	John Gessner	Steve Mann	Mike Tennant	Bob Bruce
		Kevin Sivertson	Ron Thompson	Tom Landis	Jeff Anspach	Mike Dirksen
		Scott Elliott	Chris Cole	Bob Bruce	Kermit Yensen	George Thayer
		Wil Fitzpatrick	Rob Higley	Gary Oliver	Steve Mann	Mike Garibaldi
		06	4/6/08	4/6/08	4/9/16	4/9/16

400 Meter FREE RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			4:25.09	5:02.86		
			Tom Landis	Ron Thompson		
			Bob Bruce	Steve Wursta		
			Mike Tennant	Mike Carew		
			Phil Reget	Brian Hemphill		
			01	5/12/12		

800 Meter FREE RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>

200 Meter MEDLEY RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		1:59.20	2:13.56	2:13.19	2:22.27	2:54.91
		Wil Fitzpatrick	Scott Miller	Bob Bruce	Peter Metzger	George Thayer
		Joe Daniels	Rick Howell	Steve Mann	Steve Mann	Bob Bruce
		Scot Elliott	Chris Tujo	Tom Landis	Mike Tennant	Kermit Yensen
		Kevin Sivertson	George Hegarty	Mike Tennant	Jan Voeller	John Spence
		06	4/10/16	4/5/08	4/10/16	4/10/16

400 Meter MEDLEY RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			5:20.88	5:23.94	5:19.61	
			Bob Bruce	Brent Lake	Peter Metzger	
			Phil Reget	Bob Bruce	Steve Mann	
			Rob Higley	Tom Landis	Tom Landis	
			Mike Tennant	Mike Tennant	Bob Bruce	
			01	03	5/12/12	

COMA Relay Records (Long Course Meters) -- as of 9/15/2023

200 Meter FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		1:57.86	2:04.24	1:59.15	2:16.09	3:00.39
		Wil Fitzpatrick Robin Lewis Connie Austin Scot Elliott 06	Gary Oliver Kris Denney Steph Schultz Chris Cole 4/5/08	Mike Tennant Mary Phillips Denise Stuntzner- Steve Mann 4/5/08	George Thayer Deidra Cherzar Teri Hendrix Tom Landis 4/5/08	Kaleo Schroder Nick Norton Peggy Whiter Brent Lake 4/5/08

400 Meter FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			4:35.72			7:18.10
			Chris Tujo Jayna Tomac Cheryl Morger Jim Ivelich 5/12/12			Ralph Mohr Kaleo Schroder Peggy Whiter John Spence 5/12/12

800 Meter FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
				10:24.83		
				Tom Landis Cathy Imwalle Barb Harris Bob Bruce 01		

200 Meter MEDLEY RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		2:26.92	2:23.38	2:22.18	2:32.58	3:31.58
		Janette Wells Jayna Tomac John Gessner Rob Higley 4/6/08	Gillian Salton Sara Nelson Cheryl Morger Suzy Gerlach 4/9/16	Steve Mann Mike Tennant Steph Schultz Mary Phillips 4/6/08	Barb Harris Teri Hendryx Tom Landis George Thayer 4/6/08	Jeannie Groesz George Thayer Bob Bruce Judy Ziemer 4/9/16

400 Meter MEDLEY RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		5:11.26	5:16.22			
		Tori Eisenbeis Sara Quan Rob Higley Mike Tennant 01	Barb Harris Cathy Imwalle Tom Landis Phil Reget 01			